

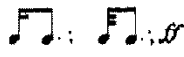
The chord positions given below, vary in difficulty of execution according to the size of one's hand. Those that are easiest, therefore, may be selected for preliminary practice, gradually attempting the others as muscular extension increases. The exercises for extension and independence afford perfect preparation for shaping the hands to chord positions.

An elevated wrist, with knuckles and joints rounded out as much as possible are advised at the beginning. This position is also most permanently effective for small hands.

Chord repetitions, in accordance with the rhythms appended, should be made without incurring too much stiffness. As with octaves, care must be taken to avoid muscular strains by limiting the minutes of practice.

The chords are practiced with and without the pedal. Great attention should be given to securing a full, rich quality of tone, for the production of which a correct attack, and constant listening are requisite.

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The left hand two octaves lower, employing the following rhythms: 

1 

*ARPEGGIO EXERCISE ON THE PRECEDING CHORDS

2 

* Also in broken octaves, from high and low wrist.